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YL: Literature collection, writing of the manuscript and editing of figures.

TK: Literature collection, writing of the manuscript and editing of figures.

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Anatomy, immunology, digestive physiology and microbiota of the salmonid intestine: Knowns and unknowns under the impact of an expanding industrialized production

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HB and YL: Equal contributions to the paper.

¹

¹ **BBM**: brush border membrane, **CD**: cluster of differentiation, **FAs**: fatty acids, **GI**: gastro intestinal, **GPCRs**: G-protein coupled receptors, **HDAC**: histone deacetylases, **IBD**: inflammatory bowel disease, **IEL**: intra-epithelial lymphocyte, **Ig**: immunoglobulin, **IL**: interleukine, **LPS**: lipopolysaccharide, **MHC**: major histocompatibility complex, **NF**: nuclear factor, **PAR**: proteinase-activated receptor, **PAS**: periodic acid Schiff, **PC**: pyloric caeca, pH: *pondus Hydrogenii*, **RAG**: recombination-activating gene, **SBMIE**: soy bean meal induced enteritis, **SCFAs**: single chain fatty acids, **TNF**: tumor necrosis factor.

18 **Abstract**

19 Increased industrialized production of salmonids challenges aspects concerning
20 available feed resources and animal welfare. The immune system plays a key
21 component in this respect. Novel feed ingredients may trigger unwarranted immune
22 responses again affecting the well-being of the fish. Here we review our current
23 knowledge concerning salmon intestinal anatomy, immunity, digestive physiology
24 and microbiota in the context of industrialized feeding regimes. We point out
25 knowledge gaps and indicate promising novel technologies to improve salmonid
26 intestinal health.

27

28 **Keywords:**

29 Atlantic salmon, digestive physiology, feed, immune system, microbiota, mucosal
30 immunity.

31

32 **Introduction**

33 In their natural environment, salmon species are carnivores with a lifecycle
34 comprising a pre-smoltification period in rivers followed by migration to sea and
35 subsequent return to the river to spawn. This free and challenging life is in stark
36 contrast to the confined and more crowded environment farmed fish experience.
37 Here, they are also fed a diet very different from the catch obtained by their free-
38 living relatives. Taken together, these life-altering changes may impact intestinal
39 health and integrity in farmed salmon. Crowded environments facilitate the spread of
40 pathogens, many of which are introduced to the host through the gastrointestinal
41 tract as recently reviewed in fish [2]. Breeding programs focusing on disease
42 resistance may alter the host's responsiveness to pathogens but also to non-
43 pathogenic commensals, which again may lead to unwarranted intestinal
44 inflammatory responses. Last but not least, the dietary impact on gastrointestinal
45 health and function is well-established and well-studied also in salmonid fish. All
46 these factors may alone or together impact the intestinal microbiota [3-7].

47 The on-going debate regarding pain reception in fish has prompted increasing
48 concern regarding fish welfare [8]. Intestinal health is a major issue in all animal
49 productions, also with respect to welfare [9]. If we induce unwarranted effects
50 through husbandry, it is our responsibility to identify such effects and seek to avoid
51 them. From own experience, we know that intestinal inflammatory conditions may be
52 highly troubling. If the fish experiences anything similar, it is imperative to avoid
53 intestinal inflammatory conditions. As clinical observations of such in fish are difficult
54 (for instance registration of diarrhea), we rely on other methods, primarily histological
55 examination from selected individuals in given populations. Here we review our
56 current knowledge of salmonid fish intestinal anatomy, immunology, digestive

57 physiology and reactions to feed in the context of unwarranted farming-induced
58 conditions with emphasis on immune reactions.

59

60 **1. Anatomy**

61 1.1 Gross anatomy

62 As recently reviewed by Hellberg (2019) [10], detailed information on the embryology
63 of the gastrointestinal tract of fishes is available from studies of the zebrafish (*Danio*
64 *rerio*) and the medaka (*Oryzias latipes*) [11-13]. There is also one study in the
65 Atlantic salmon that addresses different developmental stages and the impact of
66 soybean meal [14] and one study addressing the impact of climate and mass-
67 specific feeding of salmon [13]. For information on the general framework of fish
68 ontogeny, the reader is referred to other reviews dedicated to the topic [15,
69 16]. Nevertheless, in all vertebrates, the alimentary canal is formed as a tube
70 between the mouth and the anus with an embryology that seems well conserved
71 between vertebrates [17]. Different portions of this canal have specialized functions
72 which is reflected in its construction. From the mouth, this canal is divided into oral
73 cavity, the pharynx, the esophagus, the stomach, the intestine and the anus. The
74 intestine is the focus of this review, and its gross anatomy has been confusing as
75 different authors have used different anatomical terminology to describe it. Especially
76 confusing are the terms fore-gut, mid-gut and hind-gut, as the criteria for these
77 distinctions have not been published. In zebrafish, Wallace et al. (2005) [18]
78 proposed a nomenclature dividing the intestine into three segments, namely
79 anterior,- mid,- and posterior intestine. The anterior intestine comprises the
80 esophagus and stomach when present. The mid-intestine is divided into a first and

81 second segment, where the second segment was proposed to resemble the
82 mammalian ileum. Finally, the posterior intestine, which is very short in fish, was
83 proposed to correspond to the mammalian colon [18, 19]. Based on this
84 nomenclature, Løkka et al. (2013) [20] addressed the anatomy of the gastrointestinal
85 tract of salmon. Here, literature addressing the intestinal tract has frequently applied
86 the term “hind-gut”. This term seems in most cases to correspond to the zebrafish
87 second segment of the mid intestine. “Fore-gut” seems to have been applied to the
88 zebrafish corresponding segment termed “first segment of the mid intestine”. Studies
89 in salmonids addressing the segment corresponding to the posterior intestine in
90 zebrafish seem missing, and thus no special terminology has been used. To
91 establish an anatomical nomenclature in salmonids which both reflected that of the
92 zebrafish and reflected the actual functions of the different segments, on both gross
93 anatomical differences and histological characterizations, Løkka et al. (2013) [20]
94 proposed a nomenclature which provided an exact and referable reference for the
95 salmon intestinal anatomy (Fig. 1). From the pyloric part of the stomach, this system
96 divided the intestine into the first segment of the mid-intestine (with apertures to the
97 pyloric caecae); the first segment of the mid-intestine posterior to the apertures of
98 the pyloric caeca; the second segment of the mid-intestine and finally the short
99 posterior segment. This segment corresponds to the mammalian colon. Confusingly,
100 the term “hindgut” is often regarded as an equivalent to the mammalian colon, but
101 this is thus not the case.

102 Several studies in salmon have shown that the second segment of the mid
103 intestine is immunologically more active than the other segments of the
104 gastrointestinal tract. Important immune gene transcripts are significantly higher
105 expressed in this portion [21-24]. In an investigation by Løkka et al. (2014) [25]

106 addressing transcript levels of several gene products of the immunoglobulin
107 superfamily and RAG 2 in wild,- and in farmed un-vaccinated and vaccinated
108 salmon, the authors noted that “In all fish groups, there was a trend of higher
109 transcript levels in the second segment of the mid-intestine and the posterior
110 segment compared with the pyloric caeca and the first segments of the mid-intestine
111 for most of the investigated immune-related genes”. Adverse immune reactions also
112 seem more prominent in this portion compared with other segments of the intestine.
113 For example, soybean meal induced enteritis appears much more frequently in the
114 second segment of the mid intestine compared with the other segments [26] [27].

115 The suggested corresponding mammalian ileum is also immunologically very
116 active. The ileum is rich in immune cells and possesses extensive lymphoid tissues
117 organized in Peyer’s patches. Here, organizations of B cells in follicles are found
118 surrounded by T cells. Towards the intestinal lumen, Peyer’s patches are covered by
119 epithelial cells with many specialized antigen-sampling cells termed microfold cells or
120 M cells. Cells with some M-cell like functions have also been identified in the
121 salmonid second segment of the mid intestine, but not in the segment corresponding
122 to the first segment of the mid intestine [28]. Further, in this segment, macrophage-
123 like cells were found to extent cytoplasmic protrusions between epithelial cells,
124 seemingly sampling material from the intestinal lumen [28]. This finding also
125 supports the assumption that the second segment of the mid intestine corresponds
126 to the immunologically active mammalian ileum.

127 1.2 Microanatomy

128 For purpose of the readability of the following section, the general histological
129 construction of the Atlantic salmon intestine is presented in Fig. 2 where important

130 structures are marked. In contrast to fish, the intestinal epithelium of mammals forms
131 crypts (crypts of Lieberkühn) and villi in the small intestines and crypts but no villi in
132 the colon. Epithelial cell proliferation occurs in the crypts, and from this stem cell
133 area, there is continuous proliferation and differentiation of the main cell phenotypes
134 in the intestinal epithelium, namely columnar cells, enteroendocrine cells, goblet cells
135 and Paneth cells [29]. In salmonids, no crypts have been identified [20], but
136 interestingly, similar structures have been identified in the intestine of the common
137 wolfish (*Anarhichas lupus* L.) [30]. Stem cell regions, as identified as areas of
138 proliferation in the salmonid gut, are located at the base of primary and secondary
139 intestinal folds [20]. Columnar cells are most abundant, and goblet cells may be
140 identified using PAS staining [20]. Enteroendocrine cells have also been identified in
141 the salmonid gut [31]. Paneth cells (named after the Viennese physiologist Joseph
142 Paneth who first identified them) are present in a number of species but have not
143 been reported in fish. Paneth (1888) [32] identified these cells in the fundus pars of
144 the crypts of Lieberkühn and initially termed them “Körnchenzellen – or “cells with
145 small granula”. These cells produce defensins, which are thought to be vital for
146 keeping the crypts of Lieberkühn germ-free and thus protecting the stem cell region.
147 We have tried to identify Paneth cells in salmon using staining methods to identify
148 granula, but so far, these efforts have been negative (E.O. Koppang, unpublished
149 results). However, it is worth noting that transcriptional data show intestinal
150 production of β -defensins in salmonid intestine [33]. In mammals, a variety of
151 epithelial cells may produce β -defensins, whereas α -defensins are produced by
152 Paneth cells. Nevertheless, future studies should address the possible existence of
153 Paneth cells or Paneth-like cells in fish as this information would be essential in our
154 understanding of intestinal immunology in lower vertebrates.

155 As in mammals, enterocytes are polarized cells, attached to the basal
156 membrane and forming microvilli towards the intestinal lumen. It is thought that these
157 cells may develop into microfold cells or M cells. In mammals, such cells are typically
158 found covering Peyer's patches, and they lack microvilli. However, they may also be
159 found in villi [34]. M cells are specialized in sampling intestinal antigen. Cells with
160 certain M cell properties have been identified in salmonids [28], but in contrast to M
161 cells in mammals, they possess microvilli, and it has not been demonstrated that
162 they are capable of sampling particles as large as bacteria or yeast cells. In
163 experiments aiming at revealing such properties, Løkka and co-workers rather
164 observed yeast uptake in macrophage-like cells both embedded within the
165 epithelium but also in the intestinal lumen [35]. Immune cells, commonly referred to
166 as intraepithelial lymphoid cells (IELs), are present in the salmonid intestinal
167 epithelium. In mammals, most intraepithelial lymphocytes are T cells. Both $\alpha\beta$ - and
168 $\gamma\delta$ T cells are present. Dendritic $\gamma\delta$ T cells surveil the epithelium and may be
169 directly activated and respond either to $\gamma\delta$ ligands or epithelial stress signals [36,
170 37]. These cells are placed functionally between classical innate and adaptive
171 immune cells [37]. In salmonids, intraepithelial MHC class II-expressing cells were
172 identified by Koppang et al. (1998) [21] and CD3 positive cells were described in
173 2010 [38]. It has not been established if the MHC-class II positive cells were T cells,
174 but some of them might have been. In addition, some of them resembled
175 macrophage-like cells. Fuglem et al. (2010) [28] identified macrophage-like cells
176 seemingly sampling luminal antigen, and Løkka et al. (2014) [35] described
177 macrophage-like cells in context with yeast cells after exposure both within the
178 epithelium and in the intestinal lumen. As for B cells, their majority consist of IgT
179 positive cells, whereas IgM positive cells seem merely present in the subepithelial

180 tissues [39]. Løkka et al (2014) observed no IgM positive intraepithelial cells in the
181 salmon but noted that Grove et al (2006) [40] observed such cells in the epithelium
182 of the Atlantic halibut (*Hippoglossus hippoglossus*). Also in the rainbow trout
183 (*Oncorhynchus mykiss*), IgM positive cells were observed in the lamina propria,
184 however, in the pyloric caeca, they could also be observed as intraepithelial
185 lymphocytes [41]. IgT positive cells were primarily localized as intraepithelial
186 lymphocytes [42, 43]. In salmon, as in most other fishes, the knowledge of mucosal
187 cell populations is primarily based on transcriptional analysis of intestinal wall
188 containing both epithelium and underlying lamina propria. Interestingly, much more
189 knowledge about the general composition of different intraepithelial immune cells is
190 available with respect to the cloaca-based salmon bursa [44] compared with the
191 intestines. So, when moving from transcription studies to morphology, there is still a
192 large potential for exploring the diversity of IELs in fish intestine.

193 The epithelium rests on the basal membrane which defines the barrier
194 between the mucosal epithelium and the underlying lamina propria. In mammals,
195 studies have shown that this membrane is not solid but fenestrated, and the degree
196 of fenestration varies between different intestinal segments and is especially
197 prominent in relation to Peyer's patches [45]. It is believed that these disruptions
198 facilitate the passage of leukocytes between the epithelium and the underlying
199 lamina propria. Further, this fenestration has been demonstrated to be dynamic and
200 responding to dietary conditions. In a study addressing fasting and non-fasting rats,
201 the authors noted that the fenestration of the intestinal basal membrane responded
202 to the dynamics of migrating leukocytes but also by regulating nutrient absorption, in
203 particular lipids [46]. Similar studies have not been conducted in fish, but this
204 information is highly warranted.

205 At its surface towards the intestinal lumen, the epithelium is covered by a
206 glycocalyx layer. In addition to serving as an attachment layer for the covering
207 mucus, it is also important in preventing bacterial entry into the epithelium [47]. To
208 the best of our knowledge, studies addressing the intestinal glycocalyx in fish are
209 missing, but this layer has been addressed in gills [48]. The glycocalyx is covered by
210 a protective mucus layer which is formed by the activity of epithelial mucus cells [49].
211 Together, the mucus and the glycocalyx form an important and selective barrier
212 between the enterocytes and the intestinal content (Fig. 3) [50]. Notably, the mucus
213 layer is rich in immunologically active molecules such as complement proteins,
214 lysozyme, proteases, antimicrobial peptides and secretory immunoglobulins [51],
215 which are important for combatting pathogens while maintaining tolerance to
216 commensal microbes. A recent study in rainbow trout showed that the secretory IgT
217 at the gill mucosal surface is functionally analogous to mammalian IgA in terms of
218 pathogen clearance and microbiota hemostasis [52]. It is unknown but likely that
219 salmonid secretory IgT plays a similar role also in the intestinal mucosal immunity.

220 In general, for all intestinal segments, the lamina propria is located beneath
221 the basal membrane and consists of connective tissue containing leukocytes. This
222 layer is followed by a thick sheet of connective tissue called the stratum compactum.
223 This layer is surrounded by the stratum granulosum which is rich in mast cells. The
224 muscular layer is organized with an inner circular and outer longitudinal orientation of
225 the muscle fibers. There are some minor variations with respect to the different
226 intestinal segments [20] but these details are above the scope for this review. In the
227 salmon lamina propria, IgM positive cells, T cells, antigen-presenting cells and mast
228 cells may be found [25, 27, 39].

229 The uptake of antigens in the salmonid gut has been reviewed elsewhere [2].
230 Of note, it has not been established though which mechanisms bacteria may enter
231 the organism through the mucosal surface. In mammals, an important part of the
232 intestinal immune system is the lymphatic vessels. Lymphatic vessels drain the
233 Payer's patches and the intestinal lymph nodes. Such structures are not present in
234 the fish intestines. The existence of lymphatic vessels in fish has been disputed [54],
235 but as referred to by Hellberg and co-workers, lymphatics have been described in
236 the zebrafish, and these authors also identified them in the common wolfish [55].
237 Such vessels have so far not been described from salmonids. The clarification of
238 their existence and function is warranted not only for the advancement of
239 understanding of salmonid intestinal immunity but also for our understanding of lipid
240 absorption though the gut where lymphatics play a central role in mammals.

241

242 **2. Digestive function and responses to variation in diet composition**

243 2.1 Digestion and absorption of nutrients

244 The physiological, chemical and enzymatic processes that collectively coordinate
245 macro- and micronutrient digestion and absorption in fish have been reviewed
246 extensively elsewhere [56-58]. A summary of the status of knowledge is provided
247 here, with a specific focus on Atlantic salmon when detailed information is available.

248 After the digestive processes taking place in the stomach, the highly acidic
249 digesta, also called chyme, is fed into the upper intestine at a controlled rate through
250 the pyloric sphincter. Here, the digesta is mixed with secretions from the diffuse
251 exocrine pancreas containing bicarbonate and digestive enzymes. As a result, the
252 pH increases from about 4.8 in the stomach to about 8 in the first segment of the
253 mid-intestine in salmon [59]. The digestive enzymes function to break down complex

254 dietary nutrients into smaller components that can be absorbed across the intestinal
255 wall. Many digestive enzymes, in particular the proteolytic, are synthesized and
256 stored in inactive forms as proenzymes or zymogens. They become active after
257 secretion into the digestive tract where trypsin become active through the action of
258 enterokinase secreted by mucosal cells. The other proenzymes are activated by
259 trypsin. There seems to be isozymes of most, if not all, enzymes [58, 60]. The main
260 digestive enzymes secreted by the pancreatic tissue are the proteases trypsin,
261 chymotrypsin, elastase, collagenase, amino- and carboxy-peptidases,
262 phospholipases, cholesterol and wax ester hydrolases, as well as ribo- and
263 deoxyribonucleases [60]. Absence of a co-lipase dependent pancreatic lipase,
264 similar to the one present in mammals and birds, is indicated for a number of fish
265 species based on several studies [61, 62]. Amylase, responsible for digestion of
266 starch, is also a main pancreatic digestive enzyme, but has a lower activity in
267 carnivorous fish species, particularly in Atlantic salmon [63, 64]. This might be a
268 result of evolutionary adaptation to diet, since starch is an uncommon dietary
269 component for the strictly carnivorous salmon in the wild. Interestingly, the salmon
270 amylase has a seven amino acid deletion that could impair substrate binding [64].
271 This might offer an explanation for the fact that salmon digest carbohydrates less
272 efficient than many other fish species. As a result, commercial salmon feeds typically
273 contain no more than 10% carbohydrates [65].

274 In addition to pancreatic secretions, the digesta is also mixed with bile
275 transported from the gallbladder and entering the digestive tract via the common bile
276 duct posterior to the pyloric sphincter. The majority of bile acids in salmon are
277 taurine-conjugated, with taurocholic acid being the predominant individual bile salt
278 [66]. Bile salt concentrations in salmon digesta can be extremely high in the proximal

279 parts of the intestine, typically reaching levels up to 25% of the total dry matter
280 content [67-71]. The concentration decreases gradually throughout the intestine,
281 indicative of efficient reabsorption and recycling by yet unknown active and /or
282 passive uptake mechanisms. Bile acids work as physico-chemical detergents and
283 play a key role in emulsifying lipids, fat-soluble vitamins and other apolar
284 components in the diet or from endogenous sources, thereby allowing for efficient
285 hydrolysis by lipases. Bile salts also stabilize proteins, e.g. digestive enzymes, and
286 thereby help the enzymes resist autodigestion in the proximal sections of the
287 intestine [72]. After reabsorption of the bile salts in the distal intestine, digestion of
288 endogenous proteins will accelerate.

289 Dietary nutrients, comprising proteins, polypeptides, amino acids, lipids,
290 carbohydrates, vitamins, minerals and carotenoid pigments, are transported or
291 otherwise absorbed from the intestinal lumen into the systemic circulation across the
292 brush border membrane (BBM) of the enterocytes lining the post-gastric alimentary
293 tract [56]. The enterocytes have both digestive and absorptive functions and are as
294 such of vital importance for proper function of the digestive system. The folded
295 nature of the BBM greatly increases the surface area and thereby the absorptive
296 capacity of the intestine. The cell membranes of the microvilli contain important BBM
297 digestive enzymes such as aminopeptidases, maltase, sucrases, trehalase, alkaline
298 phosphatases and monoglyceride lipases. The BBM digestive enzymes are
299 responsible for the final digestion of nutrients into small fragments ready for
300 absorption. Nutrient absorption across the BBM into the enterocytes can occur by
301 pinocytosis, simple diffusion following a concentration gradient, ion exchange or
302 active transport by more or less specific protein transporters [56, 58]. Simple
303 diffusion may also occur via the paracellular route through the tight junctions. In

304 salmon, the first segment of the mid-intestine with the pyloric caeca is the dominating
305 region of secretory and nutrient absorptive functions and roughly accounts for 70%
306 of the total nutrient absorption [73, 74]. However, nearly the entire length of the
307 salmon intestine has a functional BBM capable of nutrient transport [73]. Nutrient
308 uptake may therefore be more prominent in posterior regions of the intestine in
309 situations when the capacity of the proximal region is exceeded.

310 In general, mechanistic knowledge of nutrient absorption in fish is still
311 rudimentary compared to that of mammals. Among the macronutrients, most dietary
312 protein seems to be absorbed in the first segment of the mid-intestine as di- and
313 tripeptides through the low-affinity/high-capacity H⁺-dependent PetT1 and the high-
314 affinity/low-capacity PetT2 peptide transporters located at the BBM [56]. The Atlantic
315 salmon PepT1 transporter has been cloned and functionally characterized, and has
316 a broad substrate specificity for both neutral and charged di- and tripeptides [75].
317 After absorption, most peptides are intracellularly hydrolyzed into free amino acids
318 and exit the enterocytes across the basolateral membrane and enter the circulatory
319 system. Some larger peptides or intact proteins may also be absorbed by pinocytosis
320 in the distal intestine [76]. This absorption has been suggested to be involved in the
321 recycling of digestive enzymes, or as part of the gut mucosal immune system and
322 antigen sampling.

323 Lipid absorption in fish is in general not well understood but is presumed to
324 occur as in mammals with some deviations [77]. Emulsification is initiated in the
325 stomach and continues after being supplied with bile salts and phospholipids in the
326 bile in region of the pyloric caeca. In Atlantic salmon, the emulsion droplets are acted
327 upon by the lipases, producing free fatty acids (FAs) and glycerol. Short chain FAs
328 (2-10 carbons) and glycerol are probably absorbed directly through the brush border

329 of the enterocytes, whereas medium and long-chain FAs must form micelles together
330 with bile salts and phospholipids before they can be efficiently absorbed. The
331 micelles, when in close vicinity of the BBM, disintegrate before the FAs are taken up
332 by the enterocytes via active transport and / or passive diffusion [56]. Both
333 membrane-bound and intracellular FA transporter proteins have been identified in
334 salmon [70, 78] but their relative contribution in quantitative aspects of lipid uptake
335 as well as their precise functions remain unknown. Inside the enterocyte, the FAs are
336 re-esterified and packaged together with protein to form lipoproteins [77]. Similar as
337 for the other macronutrients, the primary site for lipid uptake in salmon is the
338 proximal region with the pyloric caeca. However, chain length may affect where the
339 FAs are absorbed, with the mid intestine contributing relatively more to the
340 absorption of long-chain FAs than medium-chain FAs [74, 79].

341 Most fish species can absorb a range of carbohydrate monomers, including
342 glucose, galactose and fructose, all reaching the blood via specific transporters in
343 the brush border and basolateral membrane, or by diffusion [56, 60]. Mechanistics of
344 glucose absorption has been most studied in fish to date, and gene sequences
345 encoding the apical-located Na^+ /glucose symporter SGLT1 have been identified in
346 many fish species. In salmon, SGLT1 has been identified at both transcript and
347 protein level [14, 80], and carried-mediated glucose uptake was found to be highest
348 in the pyloric caeca [73].

349 Present knowledge on the mechanisms of vitamin absorption in the GI tract of
350 fishes is limited. Fat-soluble vitamins (A, D, E and K) and pigment carotenoids such
351 as astaxanthin are thought to be incorporated into the micelles and absorbed when
352 released as they disintegrate when touching the BBM surface. Minerals represent a
353 particular case in fish, as they in addition to the alimentary tract, also can also be

354 absorbed through the gills and skin [81]. For example, metal uptake through the gills
355 is highly interregulated with uptake in the alimentary tract [82].

356

357 2.2 Structural and functional responses to diet composition and fasting

358 The intestinal structure and function can respond rapidly and reversibly to changes in
359 dietary load and composition. For example, feed restriction in salmon rapidly reduces
360 the relative weight of the intestine, and also leads to changes in mucosal architecture
361 that effectively reduce the absorptive area [83]. Starvation causes accumulation of
362 digestive enzymes and bile in the pancreatic tissue and gallbladder, respectively,
363 whereas feeding will promote emptying [84]. Enzyme secretion also appears to be
364 regulated according to diet composition. For example, diets containing high protein
365 levels, protein with low digestibility and/or antinutritional factors that inhibit proteases,
366 can stimulate increased pancreatic secretion of trypsin [85-87]. The relationship
367 between dietary lipid and carbohydrate levels and the corresponding enzymatic
368 activity appears to be more complicated. In salmon, changes in dietary carbohydrate
369 levels have little effect on pancreatic secretion of amylase [64, 88]. Digestibility of
370 individual fatty acids seem to decrease with increasing chain length and increase
371 with increasing degree of desaturation [79].

372

373 **3. Adverse reactions to feed**

374 From nature's side, the salmon is a migrating carnivore. However, in an
375 industrialized setting, salmon feed relies heavily on components obtained from
376 terrestrial plant production. This dietary shift has not come without certain costs. The
377 so far most severe adverse consequences have been the development of intestinal
378 adenocarcinoma with metastasis to different organs [89]. Such findings represent

379 however the exception. More commonly observed unwarranted feed effects are
380 inflammatory changes. They have in particular been observed with the administration
381 of standard soybean meal and have also been termed soybean meal induced
382 enteritis (SBMIE). Substitution of dietary fish oil with plant oils does not seem to
383 provoke inflammation but is rather associated with shortened mid intestinal folds in
384 the Atlantic salmon [24].

385 Over the last thirty years, we have seen a steady, major change in nutrient
386 sources and nutrient balance in salmon diets, from marine based and low lipid to
387 high plant based and high fat [65]. The change has occurred without sufficient
388 attention to the impact these changes might have on meeting the salmon's nutrient
389 requirements and the impact of alien plant compounds. In parallel to diet changes,
390 important gut health challenges have become apparent, emphasizing the need to
391 investigate possible relationships between gut health and diet. An ongoing
392 Norwegian research project, which was initiated with a field survey in salmon farms
393 along the coast of Norway, revealed a high incidence of two pathological conditions
394 which have clear links to dietary changes [90], i.e. inflammation in the second
395 segment of the mid intestine (MI2) (Fig. 4) and steatosis in the first (MI1), including
396 the pyloric caeca (Fig. 5). These conditions serve as examples of how diet may
397 affect the structure, function and health of the intestine. Steatosis of the mid-intestine
398 seems to be related to a dietary deficiency of choline [91, 92]. Choline has until now
399 not been considered an essential nutrient for larger Atlantic salmon. The underlying
400 reason for this situation may be that biomarkers for capacity of lipid transport across
401 the intestinal mucosa has not been endpoints in any of the few studies conducted to
402 define choline requirement. Moreover, important aspects of choline and lipid
403 metabolism, such as dependency on dietary lipid level and lipid quality, fish growth

404 rate and feed intake, and environmental temperature, have not yet been
405 investigated.

406

407 3.1 Intestinal inflammatory changes

408 The inflammation observed in the second segment of the mid intestine may be
409 induced by one particular antinutrient, or a combination of antinutrients. Most plant
410 feed ingredients contain several. Antinutrients are endogenous compounds in plant
411 feedstuffs that, when fed to animals, may reduce nutrient digestibility and utilization,
412 reduce feed intake and growth, alter the function of internal organs, and alter disease
413 resistance. The functions of the antinutrients in the plants are, supposedly, to protect
414 the plant from being eaten by animals, insects and microorganisms. Consequently,
415 the antinutrients may impair functions and health of the intestine, as well as of other
416 body organs and tissues. Legumes stand out amongst food plants, containing
417 several of the more potent antinutrients. Table 1 lists the major, relevant
418 antinutrients with potential to affect nutrition and health of fish. Standard varieties of
419 soybeans contain more antinutrients than other legumes used for animal feed. Even
420 though antinutrients got their name due to their effects on health, they may also have
421 beneficial effects. They may act as antioxidants, stimulate immune functions, and
422 have prebiotic effects, depending on the amount ingested.

423

424 Research on antinutritional effects in salmonids started in the late 1980's
425 when a project was initiated to find whether soybean meal might serve as protein
426 source for salmon production. The results showed low nutritional value [93, 94] for
427 the standard soybean meals used for land production animals. Higher inclusion
428 levels reduced growth and decreased both amino acid and fatty acid digestibility [95].

429 The most pronounced effect was, however, induction of a severe inflammation in the
430 second segment of the mid intestine even at inclusion levels as low as 5% [83, 96,
431 97]. The more proximal intestinal regions were not affected [97, 98]. Later, also pea
432 protein concentrates and other legume feed ingredients have been found to have the
433 potential to induce similar symptoms of gut inflammation [99, 100].

434

435 Lack of purified antinutrients has hampered efforts to identify which ones are
436 responsible for the development of inflammation. Initially, several candidates were
437 suspected. For some years a reasonably priced soy saponin concentrate of 95%
438 purity was available, allowing use in salmon feeding studies. These studies identified
439 saponins as the key antinutrient responsible for development of the inflammation
440 [101]. Saponins are amphipathic molecules which compete with cholesterol for
441 uptake. They also interfere with cell membrane structures weakening the mucosal
442 barrier, and thereby allow influx of foreign compounds. As the inflammation induced
443 by purified saponins seemed less severe than when the saponins were given as an
444 integrated part of soybean meal, synergistic effects with other antinutrients were
445 suggested [102, 103]. Similar exposure studies with seabass (*Dicentrarchus labrax*)
446 and seabream (*Sparus aurata*), at juvenile and on-growing stages, have indicated
447 that these species are not responding with inflammation as the Atlantic salmon,
448 when fed purified saponins, although the sea bass juveniles showed some
449 alterations in digestive and immune functions [104-107]. The authors suggested that
450 these alterations might affect the fish at later stages, but this has not yet been
451 investigated.

452 After the first observations of diet-induced enteritis, this condition has become
453 a valuable, inducible condition for investigation of basic mechanisms including

454 mucosal immune responses of the intestine, in particular the distal compartment, or
455 the second segment of the mid intestine, which harbors the most complex
456 conglomeration of barrier functions in the salmon. The results of the studies of
457 soybean induced enteritis under varying dietary and other environmental conditions
458 and at different life stages of the fish, have thrown light on the mechanisms,
459 complexity and dynamics of the intestinal mucosa. The following paragraphs
460 summarize the results of studies conducted over the last thirty years with a focus on
461 understanding underlying mechanisms of this enteritis and possible dietary,
462 preventive measures.

463 The symptoms of inflammation in the second segment of the mid intestine are
464 characterized by shortening of mucosal folds, loss of normal vacuolization of
465 enterocytes, widening of lamina propria with increased amounts of connective tissue
466 and a profound infiltration of inflammatory cells. Electron microscope images reveal
467 severe shortening and thinning of the brush border [97]. A reduction in tissue weight
468 is also a clear symptom [101]. Similar symptoms have been observed in rainbow
469 trout (*Oncorhynchus mykiss*) [108] and Arctic charr (*Salvelinus alpinus*) after feeding
470 with soybean containing diets [109], whereas other fish species appear only
471 temporary or unaffected by inclusion standard soybean meal qualities in the diets
472 [110, 111]. Atlantic cod (*Gadus morhua*) seem to tolerate soybean meal with
473 saponins quite well showing no indications of intestinal inflammation [112].

474 In Atlantic salmon the first pathological changes after initiation of feeding a
475 diet with soybean meal, limited to the second segment of the mid intestine, may be
476 observed as early as after two days. Within seven days, all mentioned symptoms are
477 apparent, and they are increasing in severity at least until 21 days after initiation of
478 soybean feeding [113, 114]. The symptoms disappear gradually after termination of

479 feeding with soybean meal, and the tissue appears normal again after about three
480 weeks [83]. The inflammation causes severe functional losses of the brush border,
481 indicated by loss of activity of 5' nucleotidase, Mg^{2+} -ATPase, alkaline phosphatase,
482 leucine aminopeptidase, and several disaccharidases. Also the intracellular
483 structures show impairment as indicated by loss of activity in alkaline and acid
484 phosphatase, non-specific esterase and alanine aminopeptidase [98, 115].
485 Moreover, presence of monocytes, including macrophages, as well as of neutrophilic
486 granulocytes and IgM positive cells, increases in the lamina propria. In a more recent
487 study [116], further details of the immune cells involved in the inflammation were
488 revealed. Soybean meal in the diets increased expression of a complex polypeptide
489 (CD3pp), CD4 and CD8b. Increased reactivity for extracellular IgM in the lamina
490 propria and IgM positive material between the epithelial cells at the tips of the folds
491 were also observed. The authors suggested that the observations could be due to
492 leakage of IgM through an abrogated epithelial barrier and that this example of a
493 food-sensitive enteropathy could involve T-cell-like responses. The observed up-
494 regulation of genes and regulators related to production of cytokines, NFkB and
495 TNFalpha, IL-17 and other regulators of T-cell function [103, 117] supports this
496 theory. The latter work also showed activation of Annexin-1, an important anti-
497 inflammatory and gastroprotective compound [103]. The results of the work of De
498 Santis et al (2015) are in line with the results reviewed above [118].

499 The antinutrients in the soybean meal seem to reduce nutrient digestibilities
500 by affecting epithelial cell differentiation in the second segment of the mid intestine
501 and thereby impairing digestive functions by reducing presence of nutrient
502 transporters and regulators of water balance (e.g. aquaporin, guanylin). Also

503 expression of genes involved in a range of metabolic processes, e.g. in lipid, bile and
504 steroid metabolism, are severely down-regulated [78, 103, 114, 119].

505 Not only the digestive, metabolic and immune functions but also the many
506 other elements of the mucosal barrier functions are affected in the inflamed intestine.
507 The work of Kortner et al. (2012) showed induction of the complement and the
508 respiratory burst complex which paralleled a down-regulation of genes for free
509 radical scavengers and iron binding proteins. Marked down-regulation of xenobiotic
510 metabolism was also observed, possibly increasing vulnerability of the intestinal
511 tissue to a wide range of organic compounds [103].

512 Many of the observed functional effects of legume antinutrients are
513 supposedly closely linked to, and possibly a consequence of, the increase in cell
514 division and migration of the cells towards the tip of the intestinal fold where
515 shedding results in shorter lifetime of the cells and limited time for cell differentiation.
516 Decreased migration time, with less time for differentiation, is well documented on
517 both histological and molecular levels [103, 120, 121]. The estimated time to reach
518 the tip of the mucosal fold in the second segment of the mid intestine was 112 and
519 36 days for fish fed a high fishmeal diet kept at 8 and 12°C, respectively. In fish fed a
520 diet with 25% soybean meal, the time was reduced to about 16 days, irrespective of
521 environmental temperature, i.e. 8 and 12°C [120]. Increased cell division increases
522 demand for polyamines. Accordingly, up-regulation of arginase and ornithine
523 decarboxylase has been shown.

524 A study by Krogdahl et al. [115], showed increase in faecal trypsin-like activity
525 with increasing soybean inclusion in the diet. This observation has later on been
526 found to be linked to activation of trypsin-like enzymes in the mucosa which sloughs
527 off at a high rate from the inflamed tissue [122]. Trypsin and other serine proteinases

528 are known as key initiators of inflammation in animals through modulation of
529 proteinase-activated receptor 2a (PAR-2). Upregulation was observed in the first
530 days after the introduction of soybean meal in the diet [115], indicating a role in the
531 initial stages of the inflammation, and down-regulation in the more chronic stages
532 (after three weeks), suggesting a desensitization of the receptor.

533 Most of the experiments done with Atlantic salmon to understand effects of
534 soybean antinutrients and reveal effects on functional characteristics of the intestine
535 have been conducted with fish in saltwater, or late in the freshwater phase. Very few
536 have been conducted with fish at earlier stages. One exception is the study of
537 Sahlman et al. with fish from hatching and 14 weeks onward [14]. The goal was to fill
538 knowledge gaps regarding ontogeny of the structure and functions of the gastro-
539 intestinal tract, of utmost importance for successful introduction of alternative feed
540 ingredients in salmon aquaculture. The fish were exposed to a high marine diet as
541 well as a diet with 17% soybean meal level, well above the level causing enteritis in
542 fish at later developmental stages. The digestive system of Atlantic salmon alevins
543 was morphologically distinct with an early stomach, liver, pancreas, anterior and
544 posterior intestine already seven days post hatch. About one week before start
545 feeding, and before the yolk sac was empty, gastric glands and pyloric caeca were
546 observed. At the same time expression of genes of digestive enzymes and nutrient
547 transporters increased. In contrast to post-smolt Atlantic salmon, inclusion of SBM
548 did not induce intestinal inflammation in the juveniles, nor or loss of function [14].
549 Similar observations were made when pure soya saponins were fed to juveniles [70,
550 123]. Moreover, growth performance in these young fish responded positively to
551 saponin supplementation [123], also this in contrast to salmon at later stages. The
552 results suggest that the Atlantic salmon gut's immune apparatus is immature at the

553 earlier life stages and does not respond to influx of alien compounds as the more
554 mature intestine. Studies of the ontogeny of key immune molecules in the rainbow
555 trout have shown fairly early expression post fertilization [124], but this does not
556 imply that the immune system is competent.

557 Another intriguing observation regarding development of soybean meal
558 induced enteritis was made in a study with rainbow trout, a species showing very
559 similar responses to soybean meal as the Atlantic salmon [121]. Two populations of
560 fish were compared, one being a local unselected strain kept on a regular trout diet,
561 and the other being a local strain selected for increased growth rate over four
562 generations on an all plant diet. When the two strains were given a diet with 19%
563 soybean meal, the unselected individuals grew slower than the selected and showed
564 all signs of soybean induced enteritis. In the fish from the selection program, there
565 were no indications of enteritis. The results indicate the ability of an animal species
566 to adapt to dietary challenges over time.

567

568 3.2 Lipid malabsorption in Atlantic salmon

569 During the last 20 years, salmon farmers have reported symptoms indicating an
570 intestinal problem, characterized by pale and foamy appearance of the the
571 enterocytes of the first segment of the mid-intestine (MI1), including the pyloric caeca
572 (PC) [127, 128]. The symptoms, also called steatosis, are a result of intracellular
573 accumulation of lipid (triacylglycerol) droplets [92]. Very recently, the steatosis, was
574 shown to be due to a deficiency of dietary choline [91, 92, 129, 130]. The symptoms
575 increase with increasing level of plant ingredients in the diet, strongly suggesting that
576 they are related to the high plant content of today's salmon feeds. In practical terms,

577 diets with < 5-10% fish meal will be severely deficient in choline if not supplemented.
578 The choline requirement will most likely vary with production conditions such as
579 dietary lipid level and quality, growth rates and temperature, but such aspects have
580 not been studied until now. The recent results regarding choline requirement have
581 also greatly accentuated the need to understand how lipids are transported from the
582 intestine to the peripheral tissues in Atlantic salmon. It has long been a debate if
583 lymphatic vessels in fish exist or not [131]. The work of Denstadli et al. [132]
584 suggests that the portal vein is an important transport route for lipid in Atlantic
585 salmon, but that also other routes are possible.

586 3.3 Inflammation and carcinogenesis

587 Chronic inflammation, as caused by for instance anti-nutrients, may over time induce
588 additional side-effects. Dale et al. (2009) [89] described adenocarcinoma in
589 broodstock salmon intestine following the inflammation – dysplasia – carcinoma
590 sequence. Enterocytes are polarized cells with their nuclei located proximal towards
591 the basal membrane. Following dysregulation of the cells, nuclei may change their
592 location within the cells, and the term dysplasia is used to describe this
593 phenomenon. Enterocyte dysplasia typically occurs in human patients suffering from
594 inflammatory bowel disease (IBD). The next stage in an inflammation – dysplasia –
595 carcinoma sequence will be dislocation of enterocytes below the basal membrane
596 [133]. These dislocated epithelial cells may, or may not, develop into tumors.
597 Recently, Bjørgen et al. (2018) [134] identified dislocated epithelial cells in fish fed
598 commercial fish feed. Approximately at the same time, Mosberian-Tanha et al (2018)
599 [135] described similar findings but argued that seemingly dislocated epithelial cells
600 were macrophages that had engulfed epithelial cells and migrated beneath the basal
601 membrane. Anyhow, in the case of tumor development, the course of events was

602 established by Dale et al. (2009) [89] who showed that solid tumors with metastasis
603 developed in affected fish. In yet a recent study, Bjørgen et al. (2019) [27]
604 demonstrated that the tumor microenvironment as defined by the presence of
605 different leukocyte populations closely resembled that of human adenocarcinoma.
606 The reactions to chronic intestinal inflammation and its consequences thus seem
607 astonishingly similar between very distant species (fish and man).

608

609 **4. Microbiota – new feed**

610 It is well recognized in human medicine, that the gut microbiota may play pivoting
611 roles for gut immune function and health in particular regarding inflammatory
612 conditions [136, 137]. However, present knowledge on gut microbiota in the fish
613 intestine, and its role in for development of feed induced enteritis and other
614 pathological conditions, is very limited. The following review of literature presenting
615 relevant studies of gut microbiota in fish, with particular emphasis on Atlantic salmon,
616 underlines this situation.

617 Intestinal microbiota, comprising dense populations of diverse microorganisms
618 including bacteria, archaea, viruses and fungi, are located in two major
619 compartments, the digesta and the mucus. It intimately interacts with the host in
620 many ways, from food digestion and absorption [138] to lipid metabolism and energy
621 balance [139, 140]. The intestinal microbiota is, in various aspects, closely
622 connected to the intestinal function and health. It has become a therapeutic target for
623 intestinal diseases in humans like inflammatory bowel disease [141, 142] and
624 *Clostridium difficile* infection [143]. Similar to the findings in germ-free mice [144,
625 145], intestinal microbiota has also been demonstrated to be an essential element in
626 the development of normal intestinal structure and function in zebrafish [146-148].

627 For instance, the intestinal epithelium of germ-free zebrafish, compared to normal
628 fish, is arrested in its differentiation, as revealed by the lack of brush border intestinal
629 alkaline phosphatase activity, the maintenance of immature patterns of glycan
630 expression and a paucity of goblet and enteroendocrine cells [147]. Furthermore,
631 intestinal microbiota interacts directly or indirectly with the intestinal immune system
632 to induce pro- or anti-inflammatory responses, playing a fundamental role in the
633 maintenance of homeostasis of intestinal immune responses. The interaction may
634 take place via direct contact between microbes and intestinal epithelial cells [149] or
635 immune cells [150], or via microbial-derived metabolites such as lipopolysaccharide
636 (LPS) [146], polysaccharide A (PSA) [151] and short-chain fatty acids (SCFAs) [152,
637 153]. The SCFAs, mainly acetate, propionate, and butyrate, are versatile microbial
638 metabolites produced under anaerobic fermentation of dietary fiber and protein [154].
639 In mammals, the SCFAs, butyrate in particular, are well-known for the anti-
640 inflammatory effects via inhibition of histone deacetylases (HDAC) and activation of
641 G-protein coupled receptors (GPCRs) [155]. A recent study in zebrafish indicates
642 that the anti-inflammatory effects of butyrate is most likely a conserved
643 characteristic in vertebrates [156]. Besides dialoguing with the local immune system,
644 the intestinal microbiota also interacts with the systemic immune system. Exposure
645 to antibiotics in early life has been shown to impair antibody responses to vaccines in
646 later life in mice. However, inoculation with the commensal microbiota following the
647 antibiotic exposure restored the response [157]. In salmonids, sphingolipids
648 produced by *Flectobacillus major*, a predominant symbiont at the gill and skin
649 mucosal surfaces of rainbow trout, were able to increase the proportion of IgT+ to
650 IgM+ B cells in the head kidney when administered intravenously [158].

651 Given the immunomodulatory effects of intestinal microbiota, dietary
652 supplementation of microbial-derived products has been applied to mitigate intestinal
653 inflammation in Atlantic salmon. For instance, dietary supplementation of two lactic
654 acid bacteria (*Lactococcus lactis* and *Carnobacterium maltaromaticum*) was found to
655 diminish the enteritis induced by diets containing 38% soybean meal [159], whereas
656 the addition of Bactocell[®], a commercial probiotic product containing *Pediococcus*
657 *acidilactici* CNCM MA18/5M, abated an intestinal inflammation chemically induced
658 by anal intubation with oxazolone [160]. Bacterial meal and cell wall fractions
659 produced from *Methylococcus capsulatus* grown on natural gas were also shown to
660 prevent the enteritis induced by 20% soybean meal [161-163]. Besides bacteria,
661 dietary inclusion of yeast (*Candida utilis*) was also reported to counteract the enteritis
662 induced by 20% soybean meal [164]. However, later studies showed that the same
663 dose of *Candida utilis* was unable to counteract the enteritis induced by 20% [165] or
664 40% [166] soybean meal. These results provide evidence that microbiota is a
665 promising target that can be selectively manipulated to improve the fish gut health
666 status. However, the mode of actions behind these microbial-derived products
667 remains unexplored. A better understanding of factors influencing the dynamics of
668 intestinal microbiota composition and function will allow for targeted engineering of
669 microbiota to sustain a healthy gut. Thanks to the advances in the sequencing
670 technologies in last decade, there has been a great increase in the number of
671 molecular-based studies of salmonid intestinal microbiota. Here we summarize
672 important findings from recent studies and highlight knowledge gaps that need to be
673 filled in.

674 Like in mammals [167, 168], the salmon intestinal microbiota also shows a
675 spatial heterogeneity in its composition [169]. Microbial communities are different not

676 only along the intestinal tube, but also between digesta and mucosa within the same
677 intestinal segment. Typically, the microbial richness and diversity are lower in the
678 intestinal mucosa than digesta [170-172], suggestive of selection pressure from the
679 host [173]. The salmon intestinal microbiota is influenced by many factors including,
680 but not limited to, developmental stages [174, 175], diets [3, 5, 176], rearing
681 environments [4], antibiotics [177] and genetics [7]. In the early developmental
682 stages in the freshwater, the salmon intestinal microbiota seems to be mostly
683 dominated by Proteobacteria, Bacteroidetes, Firmicutes and Tenericutes. As the
684 salmon enter the seawater and grow older, the abundance of Bacteroidetes and
685 Firmicutes decreases while the abundance of Tenericutes and Spirochaetes
686 increases [6, 174, 175]. The intestinal microbiota of salmon in the seawater,
687 especially the adult salmon, is often predominated by a few phylotypes including
688 *Allivibrio* (Proteobacteria), *Photobacterium* (Proteobacteria), *Mycoplasma*
689 (Tenericutes) and *Brevinema* (Spirochaetes) [174, 175, 178-180], resulting in lower
690 microbial richness in the later life stages. *Allivibrio* and *Photobacterium*, both
691 belonging to the Vibrionaceae family, are common bacterial inhabitants in the
692 seawater. Their colonization in the salmon intestine may be facilitated by the
693 seawater drinking behavior of post-smolt salmon to prevent dehydration in a
694 hyperosmotic environment. In contrast, *Mycoplasma* tended to be rare [181] or
695 absent [179, 182] in the surrounding seawater where the salmon were sampled.
696 *Mycoplasma* seems to be particularly well-adapted to the intestinal environment of
697 Atlantic salmon [181, 183]. Notably, *Mycoplasma* also sporadically predominates
698 intestinal microbial community of Chinook salmon (*Oncorhynchus tshawytscha*) [184]
699 and rainbow trout [185-188]. Known for its small compact genome and limited
700 biosynthesis capacities, *Mycoplasma* often forms obligate parasitic or commensal

701 relationships with its host to obtain necessary nutrients [189]. *Mycoplasma* is likely a
702 commensal microbe in the salmonid intestine whose ecological and functional
703 significance remains to be revealed. *Brevinema* was recently reported to be
704 selectively enriched in the intestinal mucosa of Atlantic salmon and associated with
705 the immune gene expressions in the distal intestine [190]. Captive rearing of the
706 salmon seems to favor the colonization of *Brevinema* in the intestine, which is
707 impaired when salmon is translocated from hatchery to natural conditions [181].

708 Diet is a key factor in shaping the intestinal microbiota of fish. Different dietary
709 components may selectively promote or suppress the growth of certain microbial
710 clades, which in turn could produce profound effects on the host health and disease
711 resistance [143, 191]. The use of alternative feed ingredients for fishmeal and fish oil
712 in salmon feeds can result in altered intestinal microbiota [3, 5, 176, 192]. For
713 instance, less-refined plant-based ingredients such as soybean meal seemed to
714 selectively increase the abundance of lactic acid bacteria in the salmon intestine [3,
715 5, 192], whereas insect (*Hermetia illucens*) larvae meal was found to increase the
716 abundance of specific microbial clades including *Actinomyces*, *Bacillus*,
717 *Brevibacterium*, *Corynebacterium* and *Enterococcus* in the salmon [190] and rainbow
718 trout intestine [193, 194]. Notably, diet modulates digesta- and mucosa-associated
719 intestinal microbiota to differing degrees. The mucosa-associated microbiota seems
720 to more resilient to dietary changes [3, 172, 180, 194-196]. It is believed that
721 mucosa-associated microbiota may play a more crucial role in influencing the host
722 physiological activities as these microbes can interact both directly and indirectly with
723 the intestinal epithelial barrier, whereas the more transient digesta-associated
724 microbiota can only interact indirectly [173]. As such, profiling digesta-associated
725 microbiota alone, which is a common practice in microbiota studies, may obscure the

726 response and importance of intestinal microbiota to dietary changes. Concurrent
727 profiling of digesta- and mucosa-associated intestinal microbiota should be
728 performed whenever feasible so that the response of intestinal microbiota to dietary
729 changes can be fully disclosed.

730 While marker-gene sequencing has enabled reliable and affordable taxonomic
731 profiling of intestinal microbiota, there is a knowledge gap on the functional
732 implications of changes in the intestinal microbiota induced by dietary shifts.
733 Collecting metadata related to host responses and phenotypes of interests and
734 identifying their associations with changes in the intestinal microbiota is the first step
735 towards discovering keystone microbes that are pivotal to intestinal functions and
736 health. Combining marker-gene surveys with other meta-omics approaches, such as
737 shotgun metagenomics, metatranscriptomics and metabolomics, will add a new
738 dimension to the microbial profiling in answering the question: what are the microbes
739 doing. In particular, microbial metabolites play critical roles in bridging the dialogue,
740 or the signaling pathways, between the intestinal microbiota and host. Coupling
741 taxonomic profiling with metabolomics is a promising approach to gain functional
742 insights and translational results, especially when the metabolites of interest can be
743 extracted from natural products or synthesized. Establishing germ-free salmonid
744 models will allow for testing hypotheses generated from the omics data and
745 establishing causality between intestinal microbiota and host responses. However,
746 germ-free fish models so far can only be maintained in the larval stage [197], which
747 greatly limits their applications when it comes to studying the interactions between
748 diet and microbiota.

749 **5. Sum**

750 In an increasing industrialised salmonid production, a key component to animal
751 welfare, general health and growth, is a well-functioning gastrointestinal system. To
752 understand its construction and function is thus of major importance for both the
753 academic community and the industry. We still lack basic key knowledge regarding
754 its construction and function, and our ability to solve the problems that we observe,
755 and thus contributing to improved animal health and welfare, are still limited. In
756 addition, the following knowledge gaps deserve attention in future studies:

- 757 1. Effects of vitamin and mineral deficiencies and excess on intestinal function and
758 health are largely unknown.
- 759 2. Anatomical and physiological mechanisms involved in lipid transport have not
760 been clarified.
- 761 3. The route of enzymes from the pancreatic tissue to the intestinal lumen has not
762 been described.
- 763 4. The role of supranuclear vacuoles present in the distal most segments of a well
764 fed Atlantic salmon had not been described, i.e. whether they transport nutrients,
765 intact proteins, endogenous enzymes, antigens, or have other purposes. They
766 disappear when the tissue is inflamed, and when the fish is starved.
- 767 5. Most antinutrients in plant feedstuffs exerts their main effect in the intestine, but
768 present knowledge on their effects in the fish intestine is limited to a few of these
- 769 6. The immunological explanation for lack of saponin induced enteritis in young fish
770 should be clarified
- 771 7. Present knowledge of gut microbiota in fish is still weak, but new tools and
772 improved understanding of its importance for function and health stimulates
773 efforts to characterize and find the important links. Together with improved

774 knowledge concerning construction and function of the gastrointestinal system,
775 this research may be of great benefit to sustainable aquaculture production.

776

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1280 **Table**

1281 Table 1. Current antinutrients which may affect digestive functions and gut health in
 1282 salmon*

Antinutrient	Common mechanisms and effects
Enzyme inhibitors	Inhibit macronutrient digestion
Lectins	Bind to gut cell receptors and, depending on affected receptor, may accelerate gut growth, make the gut leakier and more open for increased influx of macromolecules and bacteria, stimulate insulin production and alter metabolism
Saponins	Interfere with lipid and protein digestion and which also may increase permeability of the gut mucosa
Phytosterols	Interfere with cholesterol absorption and metabolism
Phytic acid	Impairs mineral digestion and binds phosphorus in particular
Oligosaccharides	May cause diarrhea and alter the microbiota
Fibres	Interfere with digestion, absorption and utilization of macro as well as micronutrients

1283 *Information extracted from reviews by Francis et al [198] and Krogdahl et al [199]

1284

1285 **Figures**

1286 **Figure 1.** Macroscopic image of the gastrointestinal tract of the Atlantic salmon.

1287 Modified after Løkka et al. 2013. [20].

1288 **Figure 2. Sections of second segment of the mid intestine, Atlantic salmon. A:**

1289 Simple folds (sf) and complex folds (cf) are special for this portion of the intestine. B:

1290 The mucosa consists of the epithelium (e), the lamina propria (lp), the stratum

1291 compactum (sc) and the stratum granulosum (sg). The muscularis consists of an

1292 inner circular (cm) and an outer longitudinal (lm) layer. Between these layers,

1293 parasympathetic ganglion cells can be seen (arrows). The intestine is finally covered

1294 by the serosa (s). HE staining. (Modified from Løkka *et al.* [17]).

1295 **Figure 3. Normal intestinal architecture, Atlantic salmon, second segment of**

1296 **the mid intestine.** *In situ* hybridization for bacteria (16s rRNA) (red staining). Bacteria

1297 are confined to the intestinal lumen and the mucus and are rarely observed within

1298 epithelial cells. The mucus and the glycocalyx form effective barriers towards the

1299 external milieu.

1300 **Figure 4. Inflammatory changes in the gut.** The image shows characteristics

1301 typical for soybean meal induced enteritis: Short mucosal folds, massive immune cell

1302 infiltration in lamina propria and absence of supranuclear vacuoles in the

1303 enterocytes.

1304 **Figure 5. Steatosis.** A: Macroscopic appearance of steatosis in the pyloric caeca.

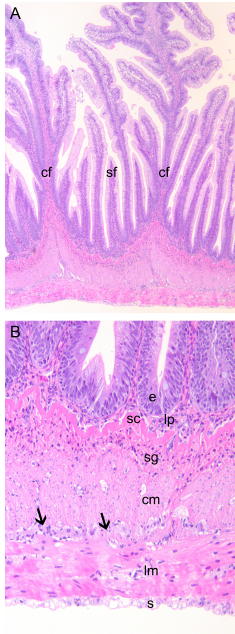
1305 Note both the swollen and pale caeca, a result of excessive lipid accumulation (black

1306 arrow), and the unaffected darker-appearing caeca (white arrow). B: Enterocytes of

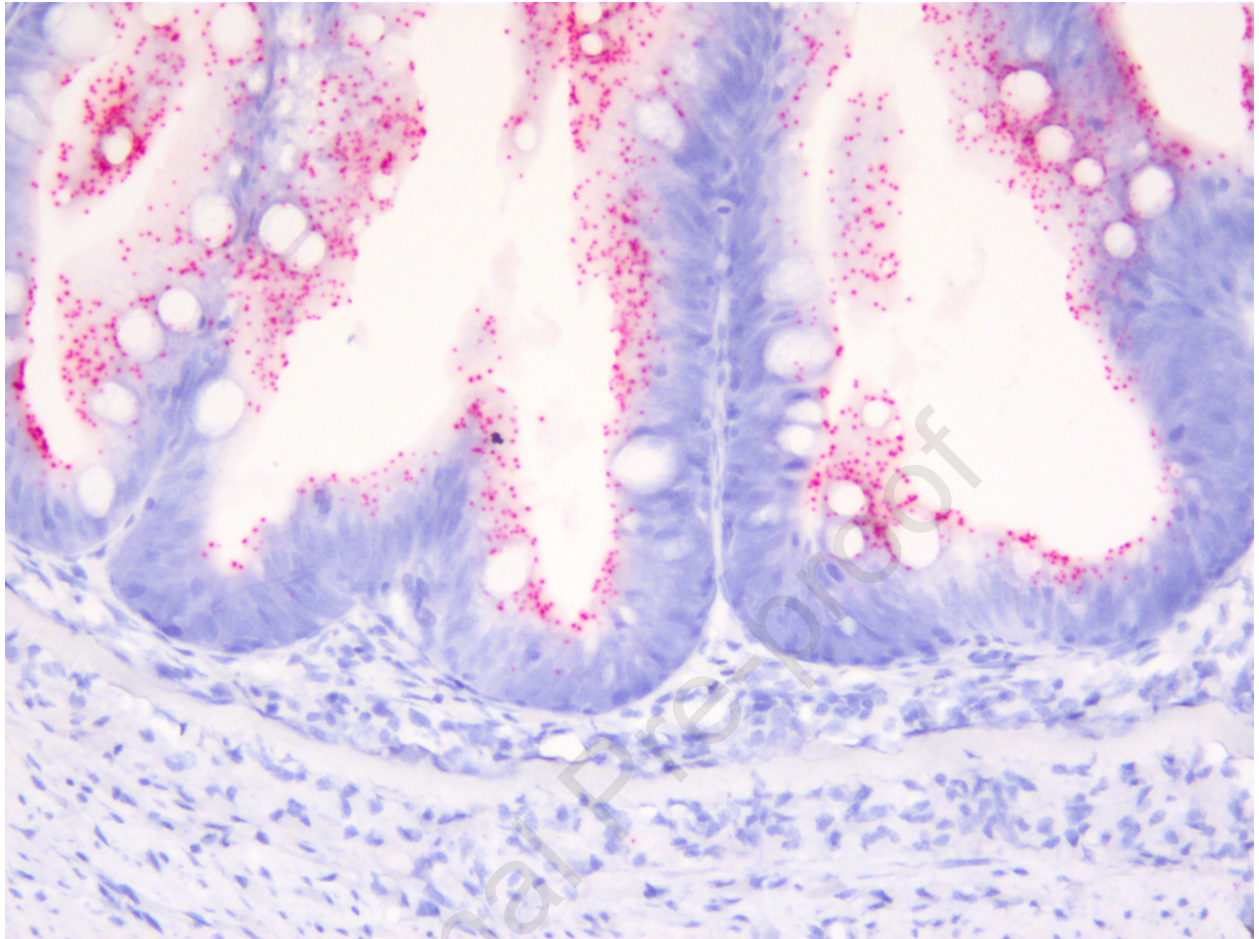
1307 the pyloric caeca with high degree of hypervacuolation/steatosis and C: normal-

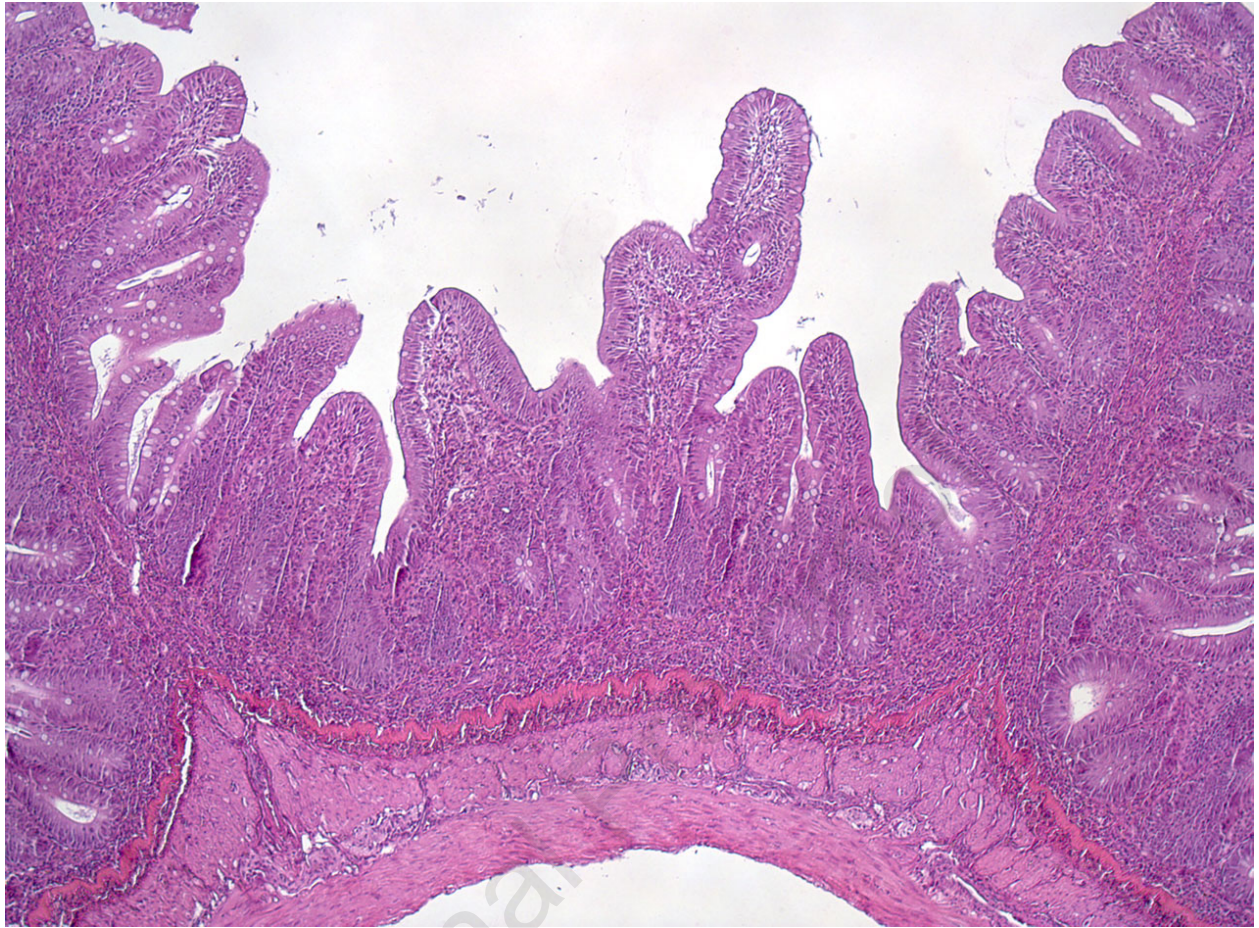
1308 appearing enterocytes.



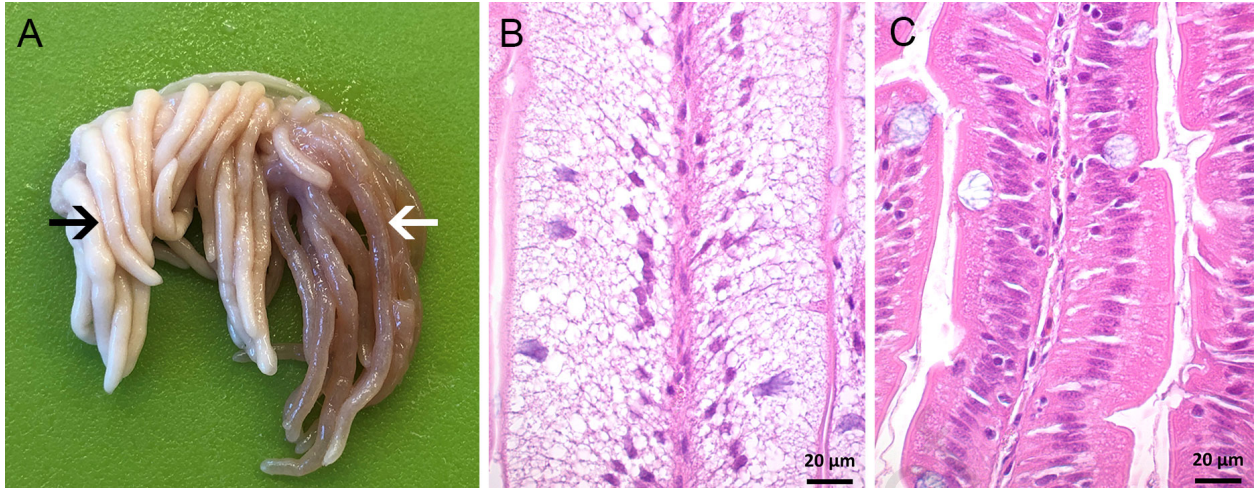


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- Macro- and microscopic anatomy of the salmon gastrointestinal tract is reviewed.
- Digestive function and responses to variation in diet composition are presented.
- Known adverse reactions to feed are discussed.
- Present knowledge on gut microbiota in the fish intestine is summarized.

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